

Relationships Australia



Mandurah Workshops

Term 4: October to December 2021

**Managing Anger & Stress
for Women** - 4 weeks - Tuesdays
12 Oct - 2 Nov, 6.30pm to 9pm, \$95

**Introduction to Managing
Anger for Men** - 3 weeks - Mondays
18 Oct - 1 Nov, 6pm - 8.30pm, \$95

Dads and Sons
Monday 8 November
6.00pm - 8.30pm, \$30

Dads and Daughters
Monday 15 November
6.00pm - 8.30pm, \$30

Successful Single Parenting
Monday 22 November
6.00pm - 8.30pm, \$30

**Communication in
Relationships**
Mon 29 November, 6pm - 8.30pm, \$30

Emotion Coaching Your Child
Tuesday 30 November
12noon - 2.30pm, \$30

Stronger Stepfamilies
Tuesday 30 November
6.00pm - 8.30pm, \$50 couple

**Survival Kit for
Separating Dads**
Wednesday 8 Dec, 6pm - 8.30pm, \$30

Mindfulness
Monday 13 December
9.30am - 12noon, \$30

Online workshops are available - check the website for details
Scan this code for more information and to book online



Like us on Facebook: Relationships Australia WA (Mandurah)



GENEROUS CONCESSIONS AVAILABLE - contact us

For all enquiries phone: 6164 0588

Email: Mandurah.Education@relationshipsaustralia.org.au

Book online: www.relationshipsaustralia.org.au

BOOKINGS ESSENTIAL

Office hours: Monday, Tuesday & Thursday, 9am-2pm