

Parenting After Separation: An Introduction

Bunbury



We believe that family separation does not have to be harmful to children, especially if the separation process is managed well by both parents. Research states that children of separating parents require a secure base, with parents they trust and feel comforted by.

Are you recently separated and feel that the life you knew is over?

Do you want to focus your energy on the needs of your child (or children) to assist them to adapt to the family separation/new living arrangements?

In this session, you will explore:

- the separation process and its effect on you and your family
- principles of two-home parenting
- managing parental conflict constructively
- effects of ongoing conflict upon your child (or children)
- importance of providing a secure emotional base for your child (or children).

When: Wednesday 21st September 2022

Time: 6pm – 8.30pm

Where: BUNBURY FAMILY RELATIONSHIP CENTRE
Corner Molloy and Symmons Streets, Bunbury
Access from Symmons Street side of the building

Cost: \$30 per person



For information about our courses and workshops please call 6164 0566 or visit www.relationshipswa.org.au

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