

Communicating as Co-Parents

Interactive Online – via Zoom



Conflict to Cooperation

This interactive workshop helps separated parents build healthier communication, reduce conflict, and create more consistent, child-focused co-parenting. Learn practical tools to stay calm, set boundaries, and collaborate with respect for the wellbeing of your child.

Included in this workshop:

- Learn what children need most to feel safe, loved and supported when parents are separated.
- Recognise how ongoing conflict between parents affects a child's sense of safety and stability.
- Develop skills in talking and listening that reduce stress and show respect.
- Find practical tools and boundaries and tools that help to enable collaboration and calm conflict.

When: Tuesday 25 November 2025

Time: 6.15pm – 9.00pm AWST

Where: Online - via Zoom

Cost: \$30 per person / \$15 concession

Online sessions are interactive and have minimum requirements

For information about our courses and workshops please call 6164 0200 or visit

www.relationshipswa.org.au



Relationships
AUSTRALIA • WA