

Dads and Daughters

Previously Dads Raising Girls/Teen Girls

For girls, a father's love and support are extremely important. As the primary male role model in a girl's life, Dads hold the key to her self-esteem and how she will grow up to see herself. A girl's image of herself as intelligent, interesting and capable is boosted by her father.

But Dads often don't know their role with daughters, especially when they are teens. Yet girls hunger for connection with their dads and stepdads. They need to know and feel that they are special to their father, that he respects her, that he is reliable and safe.

This workshop will give you some tips to build a rewarding father-daughter relationship.

Topics we will discuss include:

- What girls need, especially from their Dad
- Some common pitfalls for Dads and how to manage them
- The all-important art of paying attention and listening
- Preparing for adolescence and how to stay connected
- Practical ways to improve and maintain a rewarding father-daughter relationship.

Where: WEST LEEDERVILLE - Level 1, 22 Southport Street

When: Monday 8 February

Tuesday 30 March

Time: 6.30pm - 9.00pm

Cost: \$30 per person

Bookings are required. Please phone 6164 0200 to enrol.

For more information about our courses and workshops, please click [here](#) or visit www.relationshipswa.org.au