

Making Stepfamilies Work

Couples with children from previous relationships may need strategies.

Strategies on communication, agreement on discipline – who spells out the rules and what the rules are – and on handling competing demands. It is just as important for couples to ensure that in a busy week there is time just for each other.

The six week course covers:

- Stepfamily structure and complexity
- The normal stepfamily stages of development
- Basic communication skills for clear speaking, listening and negotiating
- Common emotional experiences and difficulties for children in stepfamilies
- How to nourish the couple bond and work together in different roles to parent as a team
- Passing on values in today's technological world
- The building of new stepfamily traditions

Where: WEST LEEDERVILLE - Level 1, 22 Southport Street

When: Wednesday 10 17 24 February 10 17 24 March 2021
(Please note: no session 3 March)

Time: 6.30pm – 9.00pm

Cost: \$80 per person, \$130 per couple

Bookings are required. Please phone 6164 0200 to enrol.

For more information about our courses and workshops, please click [here](#) or visit www.relationshipswa.org.au