

Understanding Stepfamily Relationships West Leederville



Stepfamilies present a whole array of challenges that are different to those found in a biological family. It is a huge juggling act! This workshop is based on research that highlights some of the more helpful ways of forming and living in this new family, be it a stepfamily or a blended family. Learn some useful strategies around how to parent and maintain healthy relationships in this context.

Discussion will include:

- what has proven to be helpful and unhelpful in the formation of stepfamilies
- how to grow a strong and loving couple relationship
- ways to understand the needs of the children and to manage discipline
- opportunities to address particular issues within the group

When: Saturday 22 March 2025

Time: 9.30am – 4.30pm

Where: WEST LEEDERVILLE – Level 1, 22 Southport St

Cost: \$60 per person, \$100 per couple



For information about our courses and workshops, please call 6164 0200 or visit www.relationshipswa.org.au

Relationships Australia
WESTERN AUSTRALIA